School Menu

DEERWOOD ACADEMY TOWN CENTER

Location: Town Center Date	**Monday** 12/16/2024	**Tuesday** 12/17/2024	**Wednesday** 12/18/2024	**Thursday** 12/19/2024	**Friday** 12/20/2024
AM Snack	Whole-Wheat Cheese Toast 2% Unflavored Low-Fat Milk *(Whole Milk)*	Old Fashion Oats w/ Diced Apples 2% Unflavored Low-Fat Milk *(Whole Milk)*	French Crossiant w/ Blueberry Compote 2% Unflavored Low-Fat Milk *(Whole Milk)*	Cinnamon Raisin Bagel w/ Cream Cheese 2% Unflavored Low-Fat Milk *(Whole Milk)*	Whole-Grain Cheerios 2% Unflavored Low-Fat Milk *(Whole Milk)*
Lunch *Vegetarian Option*	**Chicken & Yellow Rice** *Chick'n*	**Black Bean & Cheese Quesadilla**	**Holiday Traditions Spotlight Christmas** *Roasted Tofurky*	**Garlic Parmesean Cheese Tortellini**	**Sunflower Butter & Jelly Sandwich**
	Diced Chicken in Yellow Rice Sauteed Green Beans Fresh Banana 2% Unflavored Low-Fat Milk *(Whole Milk)*	Black Beans and Cheddar Cheese on a Whole Wheat Tortilla Whole Kernel Corn Pineapple Tidbits 2% Unflavored Low-Fat Milk *(Whole Milk)*	Roasted Chicken Drumstick Glazed Baby Carrots Creamy Au Gratin Potatoes 2% Unflavored Low-Fat Milk *(Whole Milk)*	Cheese Tortellini in a Butter Garlic Parmesean Sauce Creamed Spinach Fresh Sliced Oranges *(Mandarin Oranges)* 2% Unflavored Low-Fat Milk *(Whole Milk)*	Sunflower Butter & Jelly on Whole-Wheat Bread Cucumbers w/Ranch *(Steamed Carrots)* Fresh Blueberries 2 % Unflavored Low- Fat Milk *(Whole Milk)*
PM Snack	Chex Mix Filtered Water	Hummus & Ritz Crackers Filtered Water	Fresh Baked Cinnamon Roll Filtered Water	Graham Crackers & Fresh Banana Filtered Water	Vanilla Wafers & Raisins Filtered Water

Fun Fact From Chef Trina: It wasn't until the 16th century when Henry VIII had turkey for Christmas dinner, that it became a tradition.

Children under the age of 2 are served unflavored whole milk and 2+ year olds are served unflavored 2% milk

Items listed in parentheses & italics indicate suggested age appropriate substitutions for children under 2

Water is available to children during the day & at all meals & snacks.

Menu is subject to change.