

School Menu



Location: Town Center		<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Date		11/18/2024	11/19/2024	11/20/2024	11/21/2024	11/22/2024
AM Snack	Whole- Wheat Pancake w/ Apple Butter 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Quinoa Breakfast Pudding w/ Blueberries 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Egg & Cheese Muffin 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Banana Muffin 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Whole- Grain Rice Cereal 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	
Lunch <i>Vegetarian Option</i>	Cheese Tortellini Cheese Tortellini cooked in a Marinara Sauce Garlic Bread Stick Applesauce 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Black Bean Burger Sliders Black Bean, carrots, broccoli, and spinach patty on a Whole Wheat Slider Bun Baked Fries Pineapple 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	<u>Native American Spotlight</u> Harvest Chicken Casserole <i>Veggie Casserole</i> Diced Chicken Breast with Sweet Potato, Brussel Sprouts, & Cranberries cooked in a Cheddar Sauce Whole-Wheat Dinner Roll Fresh Banana 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Turkey Shepard Pie <i>Veggie Shepard Pie</i> Ground Turkey in a gravy with diced onions baked with Mashed Potatoes in a pie crust Peas & Carrots Tropical Fruit 2% Unflavored Low-Fat Milk <i>(Whole Milk)</i>	Pumpkin & Cheese Quesadilla Pumpkin Puree with Mozzarella Cheese Baked in a Whole Wheat Tortilla Tomato Soup Sliced Oranges <i>(Mandarin Oranges)</i> 2 % Unflavored Low- Fat Milk <i>(Whole Milk)</i>	
PM Snack	Apple Pie Goat Cheese w/Ritz Crackers Filtered Water	Soft Chewy Granola Bar Filtered Water	Yogurt w/ Granola Filtered Water	Club Crackers & Cranberry Dip Filtered Water	Animal Crackers Filtered Water	

Fun Fact From Chef Trina: Pumpkins were used for pie crusts and not for fillings by early colonist.

Children under the age of 2 are served unflavored whole milk and 2+ year olds are served unflavored 2% milk

Items listed in parentheses & italics indicate suggested age appropriate substitutions for children under 2

Water is available to children during the day & at all meals & snacks.

Menu is subject to change.