





| Location: Town Center Date | <u>Monday</u> 7/22/2024 | <u>Tuesday</u> 7/23/2024 | Wednesday 724/2024 | <u>Thursday</u> 7/25/2024 | <u>Friday</u> 7/26/2024 |
|-----------------------------|--|---|---|---|--|
| AM Snack | Whole Wheat Avocado Toast | Old Fashion Oats | Whole Grain Waffle w/ Syrup | Everything Bagel w/Cream Cheese | Whole Grain Cheerios |
| | 2% Unflavored Low-Fat Milk (Whole Milk) | 2% Unflavored Low-Fat Milk (Whole Milk) | 2% Unflavored Low-Fat Milk (Whole Milk) | 2% Unflavored Low-Fat Milk (Whole Milk) | 2% Unflavored Low-Fat Milk (Whole Milk) |
| Lunch | Spaghetti w/Meat Sauce | Turkey & Cheese Sliders | Broccoli Alfredo | Pollo Al Chilindron | Cheese Pizza |
| Vegetarian Option | Spaghetti w/ Parmesan | Grilled Cheese | | Chick'N | |
| | Whole Wheat Pasta with Ground Turkey in a Marinara Sauce | Turkey & Cheese Slices on a Whole-Wheat Slider Bun | Broccoli and Whole Wheat Pasta Tossed in an Alfredo Sauce | Diced Chicken in a tomato, Onion & Bell Pepper Broth | Mozzarella Cheese, Marinara Sauce on a Flatbread Pizza Crust |
| | Sauteed Green Beans | Tossed Salad w/ Ranch (Steamed Carrots) | Garlic Bread Stick | Yellow Rice | Pasta Salad |
| | Fresh Sliced Oranges (Mandarin Oranges) | Sliced Apples | Fresh Banana | Black Beans | Fresh Blueberries |
| | 2% Unflavored Low-Fat Milk (Whole Milk) | 2% Unflavored Low-Fat Milk (Whole Milk) | 2% Unflavored Low-Fat Milk (Whole Milk) | 2% Unflavored Low-Fat Milk (Whole Milk) | 2% Unflavored Low-Fat Milk (Whole Milk) |
| PM Snack | Dried Strawberries & Pretzels (Graham Crackers) | Banana Bread | Sliced Cheese & Ritz Crackers | Fresh Banana & Graham Crackers | Animal Crackers |
| | Filtered Water | Filtered Water | Filtered Water | Filtered Water | Filtered Water |

Fun Fact From Chef Trina: Pollo al chilindron is a traditional Spanish stew hailing from Aragon.

Children under the age of 2 are served unflavored whole milk and 2+ year olds are served unflavored 2% milk

 $Items\ listed\ in\ parentheses\ \&\ italics\ indicate\ suggested\ age\ appropriate\ substitutions\ for\ children\ under\ 2$

Water is available to children during the day & at all meals & snacks.

Menu is subject to change.